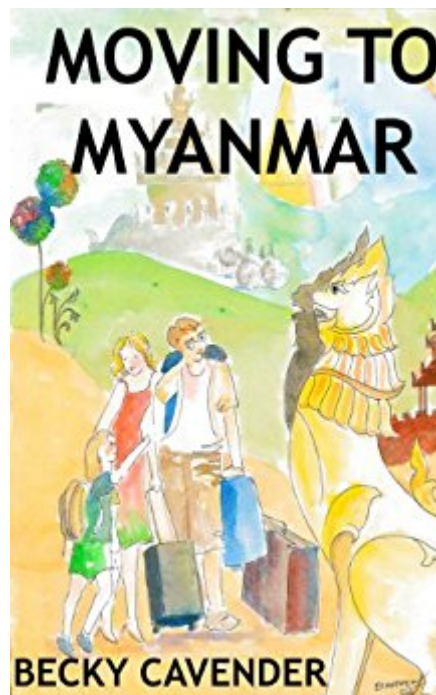




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# Moving To Myanmar: An Expat Guide To Yangon With Resources And Friendly Advice



## Synopsis

What is it like moving to a country that has been all but closed to the world for the last half a century? The author wondered the same thing when her family decided to move to Myanmar, but information on what daily life would be like as an expat was hard to find. Iâ™m sure youâ™ve noticed the same thing. Moving to Myanmar is the first, the only, and the most definitive expat resource available outside Yangon for anyone considering a move to Myanmar. Moving to Myanmar draws on the authorâ™s experience and is crammed with information, resources, and practical tips from local Myanmar and expats to help you from the moment you first think about the move, to actually arriving and settling in. Whether you are a first time expat or a seasoned traveler, this book will make your move to the wonderful, magical and ever-so-slightly chaotic Golden Land easier. Sections include the following within the Myanmar context: how to deal with culture shock; the pros and cons of raising third culture kids; how to connect with other residents; what itâ™s like if youâ™re single, gay, or a single parent; and how to take care of yourself; what to pack; useful websites, books, apps, and articles; list of international schools; housing agents and more. This eBook is the first and most important step on your journey. Don't leave home without it!

## Book Information

File Size: 390 KB

Print Length: 123 pages

Publisher: Becky Cavender (April 11, 2013)

Publication Date: April 11, 2013

Sold by:Â Digital Services LLC

Language: English

ASIN: B00CBP3ZFY

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Screen Reader: Supported

Enhanced Typesetting: Enabled

Best Sellers Rank: #1,156,579 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #93

inÂ Books > Travel > Asia > Myanmar #691 inÂ Kindle Store > Kindle eBooks > Nonfiction >

Travel > Asia > Southeast #1574 inÂ Books > Travel > Asia > Southeast

## Customer Reviews

I thought the book would get more into the cultural roots and unique aspects of expat life in Myanmar. However, it is more of a generic guide to expat living, written with a slight gender bias and in a style reminiscent of expat life in the 70's and 80's. Most of the 'tips' are quite common sense for anyone who has lived overseas for any length of time. However, if you have never traveled outside your home country before, have never interacted with another culture and are looking at relocating to Myanmar or anywhere else in the region for that matter, then MAYBE you may want to give this one a try.

This is a fantastic step by step guide for anyone thinking of traveling or living abroad. While the author focuses mainly on living in Myanmar, much of the information provided could be relevant to travelers heading to any foreign destination (especially the beginning chapters about planning and prep). The author provides "exercises" to help you prepare for your move as well as insights that only someone with experience as an expat in Myanmar could offer. She reminds us to be culturally aware and sensitive while remaining true to our own needs in a responsible and respectable way. One thing I particularly loved about this guide is that the author's very practical and logically sequenced tips address both the physical AND emotional steps in the planning and moving process. She delves into much deeper issues than many guides and includes ideas for how to handle moving with a child who may have difficulty with the transition from one home to another. Topics covered in this book range from the how to preliminary planning stages to the once you're there information on the everyday practical stuff like housing, weather, banking, cell phones, and what you'll be able to find at the supermarket. As a nice added bonus to the tips offered in the book, the author has included many additional resources and links geared toward finding additional information about living in Myanmar. I found this book to be an interesting read in that at many times I felt myself being drawn into the almost journal like style. I was not just getting information on how to plan for a massive move and immerse myself in a new culture, but was also being given a peek into the life of a current expat and her experiences as a visitor in a foreign land.

This is an exciting time in Myanmar's development. It is undergoing incremental change, and come August I will be moving to the Golden Land and becoming a part of it all. I was on the hunt for information on moving to Myanmar, and this ebook came out just as I accepted my offer and began my research - it was meant to be. As a very quick and easy read, I think this is a great resource to have for such a reasonable price. Moving abroad changes everything. It is one thing to carry out the

normal one-week holiday routine, and quite another one to live in a foreign land day-to-day. The newness of everything will begin to wear off, and, eventually, you will have to make the transition from tourist to local. I think the biggest challenge regarding Myanmar is that not a lot is known about the Golden Land. Myanmar has been under a strict military regime and has basically been closed to mass tourism for generations. Just recently, Barack Obama was the first U.S. president to visit Myanmar, and also the first to call it by that name. Rudyard Kipling wrote of Myanmar: "It is quite unlike any place you know about." This ebook provides a nice jumping off point to start knowing some basics about making the move to Myanmar as an expat. It provides a nice variety of information, depending on what you're looking for. I've lived and traveled abroad before, so I've experienced a lot that is mentioned. This being said, Becky provides some nice tidbits of information specific to Myanmar. Unselfishly, she has also included many other resources toward finding additional information about living in Myanmar. If you are moving (or thinking of moving) to Myanmar, you'd be crazy not to purchase this ebook.

There is great interest in Myanmar at the moment, and a considerable interest in relocating here. This book is a fantastic resource whether you might be just scoping out possibilities, are in the process of preparing to move, whether you are newly in country or even whether you are just curious about Myanmar! Three things especially which are worth noting about this book. Firstly it is helpful and informative about a move specifically to Myanmar. It further acts as a doorway to a wealth of additional resources. Secondly, it works through the various processes involved in such a move and this applies not specifically to Myanmar but equally to any major move. The tools and suggestions throughout the book could be used in many different contexts. And thirdly, Becky has a unique writing style which artfully combines with the volumes of helpful information and is thus conveyed in a comfortable read. The result is an excellent, well researched and articulated guide for relocating to Myanmar wrapped in a warm and welcoming style.

I expected this book to be about how one can integrate to and enjoy the life and culture in Myanmar. Instead I found a book about how to best avoid the real Myanmar and live a "pretend to be in the west" expat life. This person who wrote this must have been the wife of some western corporation exec or someone such as she had a driver and gives tips on what luxurious spas to go to. If that is the kind of tips you are looking for, this is great, otherwise, no so much.

I was already living in Myanmar when I bought it and it still helped me. Being an expat here is not

easy sometimes and reading this book made me feel I'm not alone.

Thank you!! This will help anyone moving to a foreign country. I would want to meet you because your positive personality and first hand experiences glow through your writing. I'm glad there are people out there like you!!!

Huge thanks for putting it together. I'll be moving to Rangoon soon and have been very excited about it. Your book gave us some really good insight on the country and what to expect from an expat's perspective.

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